

Maumee Valley Tri-Adventure Race Entry Form

Circle your class: (1) Youth Adult, (2) Young Adult, (3) Adult, (4) Senior, (5) Solo, (6) Relay, or (7) Senior Solo.

Solo Entry/Team Member One

Name _____
Age _____ Sex (M F) Weight _____
Address _____
City _____
State _____ Zip _____
Phone _____
Email _____
@ _____
Emergency Contact _____
Contact Phone _____

Team Member Two

Name _____
Age _____ Sex (M F) Weight _____
Address _____
City _____
State _____ Zip _____
Phone _____
Email _____
@ _____
Emergency Contact _____
Contact Phone _____

If team entry, both people must sign.

By signing, I acknowledge that I have read and agree to abide by the accident and release of liability statement.

First or Solo Signature

Second Team Member

More info is required on back of this entry tab! This form must be mailed. It cannot be emailed.

34th Annual N.W. Ohio

Maumee Valley Tri-Adventure Race

**Saturday May 18, 2019
7:30 AM
Independence Dam State Park
27722 State Route 424
Defiance, Ohio
43512**

Biking

Canoeing/Kayaking

Backpacking

The 34th Annual Maumee Valley Tri-Adventure Race

The Peloton Bike Race: Everyone will start with the 36 mile biking course in 10 minute intervals. All participants will then canoe or kayak 6 miles, and finish the 50 mile race by backpacking 8 miles. By doing the biking first we avoid strong afternoon winds, and the time of volunteers can be used more efficiently.

Seven Classes of Entry: People will be divided into 7 classes for competition as follows: **1. Youth & Adult** (A youth 15 or younger with an adult 18 or older). **2. Young Adult** (Both entrants must be between 16-24) **3. Adult** (One entrant must be between 25 & 49, and the other must be 16 or older.) **4. Senior** (Both entrants must be 50 or older.) **5. Solo** (Must be 18-49) **6. Relay** (A team effort of any combination, but one person in the canoe must be 16 or older.) **7. Senior Solo** is for those 50 and older.

Entry Fees: 25+ \$40, 21-24 \$20, 19 and younger, \$10. Mail no later than Saturday May 11th. You may pay on race day, but fees increase by \$10. You cannot rent a canoe or kayak on race day. Boats must be reserved by Monday May 13th.

Start Times: Arrive at 6:30 am, or earlier if you want to be in the group that starts first at 7:30 am. After that, we will start others as they are ready in 10 minute intervals .

Cycling: A 36 mile bike loop begins the race. Bikes must be road safe and HELMETS AND GLOVES ARE REQUIRED. There are 2 checkpoints at which you **must stop** and initial a clipboard. We will have water, an air pump, and a first aid kit at each of these 2 checkpoints. You should bring a spare inner tube, patch kit, tire removal tools, and a small frame pump. Be sure to bring any special medicines you require. The entire bike route is on lightly traveled paved back roads. Tandem bikes are permitted. No motorized bikes are permitted.

Canoeing/Kayaking: When you finish the cycling loop, you check in with the timekeepers and immediately start the 6 mile canoe/kayak course. For this leg you will be given a choice of the Maumee River or the Miami-Erie Canal. If the river is in flood stage, everyone will be required to use a lake. We have eliminated the canoe/kayak portage from the race because it was causing damage to the kayaks. Boats will be staged below the dam. The 6 mile paddle ends at Gessner Park in Florida Village. LIFE JACKETS & SHOES are required. If the water is low you may have to walk your canoe through shallow spots. If you want to rent a canoe send \$40 with your entry form by May 7th. If you want to rent a kayak you should go to www.RiverLures.com 24287 Front St, Grand Rapids, Ohio 43522. Single kayaks are \$35 delivered on race day with paddles and life jackets. Double kayaks are \$55 delivered, with paddles and life jackets. If you have questions call River Lures at 419-832-0989.

Backpacking: You backpack from Florida, Ohio, where the canoeing ends, back to where everything began at the Marina Parking Lot of IDSP. Packs will be weighed at both Gessner Park in Florida or at IDSP prior to starting the race and after finishing this portion. Backpacks must be equal or equivalent to 20% of your body weight. Put your weight on your application & we will tell you how much you need. You may also use the height-weight chart you will receive in the mail. Weight belts may not be substituted for backpacks. Backpacks should have a hip belt. For weight we suggest kitty litter or dry dog food in plastic bags. Bring water & a trail lunch.

Awards: will be given for the first place male, female. and male/female teams in each class. Award plaques will only be given to teams that finish in under 7 hours. If there is only one team entered in a class, a award plaque will not be given. Photographs will be given to all who finish. Preliminary results are put on the website Sunday May 26th, by 3 pm. Final results will be posted on the website by Sunday June 2. Results will be on www.maumetriadvneturerace.net

Canoe Training & Questions: If you would like canoe training or if you have questions call Larry Lindsay at 419-826-5182 larrylindsay@centurylink.net

Accident Waiver and Release of Liability

I acknowledge that this athletic event is an extreme test of a person's physical & mental limits and carries with it the potential for death, serious injury, and property loss. The risks include, but are not limited to those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to participants, volunteers, spectators, coaches, event officials, and event monitors, and/or produces of the event, and lack of hydration. These risks are not only inherent to the athletes, but are also present for volunteers. I hereby assume all the risks of participating and/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangers of defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault.

I certify that I am physically fit, have sufficiently trained for participation in the event and have not been advised otherwise by a qualified medical person. I acknowledge that this Accident Waiver and Release of Liability form will be used by the event holders, sponsors, and organizers, in which I may participate and that it will govern my actions and responsibilities at said event

In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter accrue to me including my traveling to and from this event the following entities or persons: The Naturalist Scouts Venture Crew 3799, The Erie Shores Council of the Boy Scouts of America, The State of Ohio ODNR, Division of Parks and Recreation and any of their respective employees or agents, The Village of Florida, Larry L. Lindsay, The Maumee Valley Tri-Adventure Race, and its directors, officers, employees, volunteers, agents, and representatives; the event holders, event sponsors, and event volunteers from any entity listed above. (B) Indemnify and Hold Harmless the entities or person mentioned in this paragraph from any and all liabilities or claims made as a result of participation in the event, whether caused by the negligence of releases or otherwise.

I hereby consent to receive medical treatment that may be deemed advisable in the event of injury, accident, and/or illness during this event. I understand that at this event or related activities, I may be photographed or videotaped. I agree to allow my likeness to be used for any legitimate purpose by the event holders, produces, sponsors, organizers, and assigns.

The accident waiver and Release of Liability shall be construed broadly to provide a release and waive to the maximum extent permissible under law.

Your signature is required on the entry form, stating you have read and understand this accident waiver and release of liability.



Call 734-508-6754



www.medwar.org
Adventure Races for Medical & Military Personnel

Proceeds from this race supports The Naturalist Scouts

The Naturalist Scouts is a great way for boys 11-15 who are very enthusiastic about the great outdoors to find some real adventure. We have camped in 38 states and biked in 25. Most of the camping trips feature backpacking, biking, canoeing, or skiing. In 2019 we plan to backpack on the Appalachian Trail in spring and backpack in Colorado during the summer.

Most of the meetings are held in the Oak Openings area, near Swanton, OH. At the meetings the group does projects to help wildlife like building bird and bat houses. Other projects include roadside litter pick up, woodworking, & bike repair. The group helps the land management staff in Oak Openings Park by removing invasive plants, collecting seeds, & making brush piles for wildlife. We make and put up tree identification signs in 4 state parks: Harrison Lake, Independence Dam, Mary Jane Thurston, and Goll Woods. While the guys are working they learn a great deal about the ecology of plants and animals.

The Naturalist Scouts is directed by Larry Lindsay who is a certified ecology teacher and a naturalist. He is also an author. His book, "Across" - The story of a boy who bikes across America, will be available at the T-shirt table for \$10. Race T-shirts are \$10. Please bring cash or your checkbook. We do not take credit cards.

For More Info

419-826-5182
www.maumetriadventurerace.net
www.naturalistscouts.org

Maumee Valley Tri-Adventure Race Entry Form (part 2)

Entry Fees

First Person: Age 25+ \$40, Age 20-24 \$20,
Age 19 and under, \$10 _____
Second Person: (Same Fees) _____
Relay Third Person: (Same Fees) _____
Relay Fourth Person: (Same Fees) _____
Canoe Rental: (\$40) _____
____ "X" if you are bringing your own boat

Total for Registration & Canoe: _____
Mail your check or money order to:
Naturalist Scouts Post Office Box 396,
Swanton, Ohio 43558. Sorry, but we are
not geared up to take credit cards.

Kayak Rental: (Contact River Lures & Pay Them) Single Kayaks \$35, Doubles \$55
www.RiverLures.com or 419-832-0989

Parent/Guardian Waiver, Minors

The undersigned parent/guardian does hereby represent that he/she is, in fact acting in such capacity and agrees to save and hold harmless and indemnify each and all parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parents or legal guardian.

Participant Name / Age (First Minor)

Signature of Parent / Guardian / Date

Participant Name / Age (Second Minor)

Signature of Parent / Guardian / Date